

## Please Read These Instructions Carefully. This Inhaler Might Be Different From What You Are Used To.

# Primatene® MIST

**Epinephrine Inhalation Aerosol** 0.125 mg per Spray, Bronchodilator

For **TEMPORARY** relief of **MILD** symptoms of INTERMITTENT asthma

Asthma alert: Because asthma may be life threatening, see a doctor if you

- are not better in 20 minutes.
- get worse.
- need more than 8 inhalations in 24 hours.
- have more than 2 asthma attacks in a week.

These may be signs that your asthma is getting worse.

## **Important Information**

Children under 12 years of age: **DO NOT USE**. It is not known if the drug works or is safe in children under 12

Maximum daily dose: Do not use more than 8 inhalations in 24 hours.

See your doctor if you have more than 2 asthma attacks in a week.

Shake then Spray into the air 1 time before each inhalation.

A Activating Your Inhaler

After Opening Box: Before First Use

Activate inhaler before first use.

Only do this with a new inhaler, the first time you remove it from the box.

1. Remove red cap (Figure A).

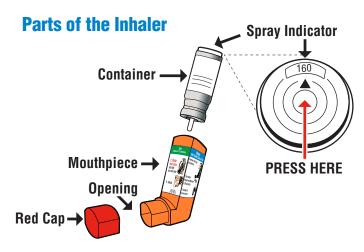
2. Hold inhaler with opening

away from your face and

others (Figure B).

## **Important to Know**

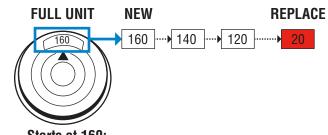
- First time you take a new inhaler out of the box, <u>Shake</u> then test <u>spray</u> into the air." Repeat both actions 4 times. See Panel A below.
- Shake then Spray into the air 1 time before each inhalation. See Panel B below.
- Wash inhaler after each day of use. Run water through the mouthpiece for 30 seconds. See Panel C below.
- The Primatene® MIST mouthpiece should only be used with the Primatene® MIST container.
- It is normal for the mouthpiece to change color over time



## **Spray Indicator Shows How Many Sprays You Have Left**

A full container holds 160 sprays

• After every 20 sprays, the spray indicator number changes.



Starts at 160: **160 Sprays Remaining** 

## **Red Zone: Buy a New Inhaler**

- Once the red zone appears and the display reads "20," buy a new inhaler soon.
- The spray indicator will stop counting at "0" and the inhaler must not be used any longer.



Caution

Never try to change the numbers or take the spray indicator off the container.

The spray indicator cannot be reset.

# **Step-By-Step Instructions**

# **B** Dosing with Your Inhaler

A dose is 1 to 2 inhalations.

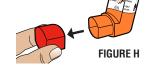
For every inhalation: Shake then Spray into the Air → Inhale → Wait

# Wash your inhaler after each day of use.

Run water through the mouthpiece for 30 seconds after each day of use, as instructed below.

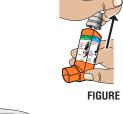
**(b)** Washing Your Inhaler

1. Remove red cap (Figure H).

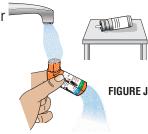


2. Remove container by firmly grasping and pulling out the container, then set aside (Figure I).

Don't be afraid to pull hard on the container.



3. Run water through both ends of the mouthpiece for 30 seconds (Figure J).



- 4. Shake off as much water as you can.
- 5. Air dry overnight.
- 6. Put your inhaler back together before next use.

Important: If you need to use when wet, shake off excess water before dosing.

Manufactured by: Armstrong Pharmaceuticals, Inc., Canton, MA 02021 © 2018 Made in USA F5530P

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# Follow instructions below.

Shake then Spray into the Air

- 1. Remove red cap.
- 2. Shake then Spray into the air 1 time to mix the medicine (Figure D).



**/!\** Shaking and spraying the inhaler are critical.



FIGURE D

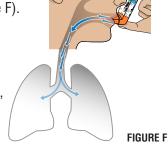
FIGURE E

# Inhale

FIGURE A

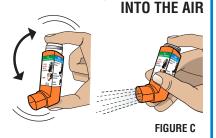
FIGURE B

- 3. Exhale completely (Figure E).
- 4. Place mouthpiece in your mouth with your lips closed around the opening.
- 5. Inhale deeply while pressing down on the center of the spray indicator (top of container) (Figure F). Continue the deep breath.
- 6. Hold your breath for as long as possible.
- 7. Release finger and remove inhaler from mouth, then exhale slowly.



### THEN SPRAY SHAKE -Repeat 4 times

- 1 Shake then Spray 2 Shake then Spray
- 3 Shake then Spray
- 4 Shake then Spray



8. If symptoms are not relieved after at least 1 minute (Figure G), take a second inhalation by repeating steps 2 to 7 above.

9. Replace red cap.

Wait At Least 1 Minute



FIGURE G

## **Your Inhaler is Now Ready for Dosing**

# 3. "Shake then test spray into the air" (Figure C). You must repeat both actions 4 times to activate your new inhaler.